Migraine is more than just a headache

Migraine is a severe and painful long-term health condition

Symptoms include head pain, problems with your sight such as seeing flashing lights, being very sensitive to light, sounds & smells, fatigue, feeling and being sick.

If you experience two or more of these symptoms you may have migraine please speak to your GP.

We are here for you, scan here to find out how we can support you.



For Information and Support call **0808 802 0066**

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